Atrial Fibrillation and Shared Decision Making

Good for patients
Good for providers

Atrial Fibrillation by the Numbers



2.7-6.1 million Americans have atrial fibrillation



Each year, atrial fibrillation results in over 750,000 hospitalizations and about 130,000 deaths



Atrial fibrillation costs the United States approximately \$6 billion each year

Top Guideline Organizations Recommend Shared Decision Making for the Treatment of Atrial Fibrillation



"In patients with AF, antithrombotic therapy should be individualized based on shared decision making after discussion of the absolute and relative risks of stroke and bleeding and the patient's values and preferences."

- 2014 AHA/ACC/HRS Guideline for the Management of Patients with Atrial Fibrillation, American Journal of Cardiology

Atrial Fibrillation Shared Decision Making in Action with *Option Grid*™ Decision Aids



preferences and goals for treatment. Populate the Option Grid decision aid "Atrial Fibrillation - Treatment Options to Lower Stroke Risk" with the patient's age, sex, and risk factors. Then select options to compare and discuss with the patient based on their unique preferences and goals.

Work with the patient to gather insight into their



discuss the evidence-based treatment options that align with the patient's preferences. The information will be laid out in a user-friendly format that translates the latest clinical evidence on atrial fibrillation treatment options into terms the patient can easily digest.



for the patient's unique needs.



With Option Grid decision aids you can email or print

the customized grid for your patient. Additionally, you can attach it to the patient's medical record in your EMR.

Patient Decision Aids Results in..

Research Supports That the Use of



Sources









Congruence Between Informed Values and Choice





Learn More



Request a Demo

Guidelines and the Heart Rhythm Society. J Am Coll Cardiol. 2014 Dec 2;64(21):e1-76.

- 1. Atrial Fibrillation Fact Sheet https://www.cdc.gov/dhdsp/data_statistics/fact_sheets/fs_atrial_fibrillation.htm 2. January CT, Wann LS, Alpert JS, et al. 2014 AHA/ACC/HRS guideline for the management of patients with atrial fibrillation: a report of the American College of Cardiology/American Heart Association Task Force on Practice